

FOR IMMEDIATE RELEASE:

Wellness Resources® Celebrates 25 Years of Changing Lives

Minneapolis, Minnesota – July 1, 2010 – Wellness Resources®, creator of The Leptin Diet® program announced today that it is celebrating its twenty-fifth year providing life-changing results for its customers. Over the last twenty-five years Wellness Resources has grown to be a worldwide leader in nutritional supplements and an up-to-date resource for health and supplement news and information.

“The Leptin Diet® book and program has been a life saver! Three years ago I was suffering from adrenal fatigue, hypothyroidism, fibromyalgia, sleep disorders and had been diagnosed with lupus. Following The Leptin Diet® and using your supplements has greatly improved my health status! And I’m helping to educate those around me. Thank you for your contribution to my wellness!” — Susan M, a Wellness Resources customer

Since 1985, Wellness Resources has been a family-owned and operated values-driven company whose focus is on formulating high-quality supplements.

“Most companies are rooted in profit margins, cutting corners and compromising supplement quality in ways that you often can't determine – simply to make a buck. Our production philosophy is based on quality and the health of our customer,” says Mary Guignon Richards, Wellness Resources owner and director. “Wellness Resources is not just another company that sells supplements, we invest in our customer by providing the most accurate, up-to-date information about health and supplements to help you and your family to stay informed and stay well.”

Wellness Resources offers updated health information online via blogs, newsletters, podcasts, and will be offering a new 20-class Telecourse Series with Byron J. Richards beginning September 14, 2010. Please visit www.wellnessresources.com for more information.

About Wellness Resources

Founded in 1985 by Byron J. Richards and Mary Guignon Richards, Wellness Resources began with a vision of helping individuals to improve their health and well-being with safe, effective and trustworthy nutritional supplement solutions. The Wellness Resources line of supplements was developed by Byron J Richards, Board-Certified Clinical Nutritionist, a leading authority on nutritional supplements and author of The Leptin Diet® book and program. After finding that many of the professional grade supplements on the market were unable to produce the clinical results he felt obligated to provide his clients with, he formulated the Wellness Resource line of supplements. Today, the company has helped to change the lives of thousands of people who were ready to give up on treating their medical conditions.

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